

Program Overview



Food Helpers is the home of Greater Washington County Food Bank, Healthy Habits Training Center, Country Thrift Market, and The FARM. Food insecurity is a diverse issue that requires multiple solutions to address. The mission of Food Helpers is to weaken the chain of events that leads to food insecurity. Each of Food Helpers' programs are designed to address factors that relate to or cause food insecurity. Food Helpers feeds the hungry, educates the motivated to make habit changes, offers discounted shopping opportunities, and shows how to grow one's own food. With all four programs working in harmony, Food Helpers will not only address food insecurity, but also prevent future food insecurity.



Greater Washington County Food Bank has been serving the residents of Washington County for over 35 years. Along with other agencies, Greater Washington County Food Bank targets populations that may not have access to traditional food assistance programs. Through short-term, long-term, and rural support services, the food bank's emphasis is on feeding, ensuring no one goes to bed hungry.



Healthy Habits Training Center is a business center and instructional kitchen located at Food Helpers' facility. Healthy Habits Training Center's mission is to offer classes and trainings to teach, empower, and enable our neighbors to make healthy choices and create healthy habits for themselves and their families. With an emphasis on training, education becomes the tool to overcome food insecurity and prevent future insecurity.



Country Thrift Market's mission is to support the community by providing affordable goods and training while also supporting Greater Washington County Food Bank's fight against food insecurities. Offering new and gently used items, Country Thrift Market has something for everyone! With an emphasis on thrifting, Country Thrift Market offers an economical retail outlet.



By advocating community partnerships, modeling innovative methods to grow healthy foods, and promoting healthy habits and healthy eating, The FARM is able to empower the growth of one's own food. The FARM teaches different growing methods and animal husbandry, for novice and first-time farmers to food bank clients alike. With an emphasis on farming, The FARM can fight food insecurity by teaching clients to make their own food supply chain and become self-sufficient.